



Remia Paduga, RN, MD

EDUCATION

University of Kansas Medical Center, Kansas City, KS
Neurophysiology Fellowship, 07/2010 - 06/2011

University of Kansas Medical Center, Kansas City, KS
Neurology Residency, 07/2007 - 06/2010

Albert Einstein Medical Center, Philadelphia, PA
Internal Medicine, Residency, 06/2005 - 06/2007

University of the Philippines School of Medicine, Manila, Philippines
Doctor of Medicine, 06/1998 - 04/2003

University of the Philippines, Manila, Philippines
Bachelor of Sciences in Nursing, 06/1990 - 04/1995

LICENSURE

California Medical License Number – ACTIVE

Kansas Medical License Number – (Inactive)

Missouri Medical License Number – ACTIVE

CERTIFICATION

Board Certified, American Board of Psychiatry and Neurology – **Neurocritical Care** ■ 2022

Board Certified, American Board of Psychiatry and Neurology - **Brain Injury Medicine** ■ 2018

Board Certified, American Board of Psychiatry and Neurology with special certification in
Clinical Neurophysiology ■ 2011 - 2022

Board Certified, American Board of Psychiatry and Neurology - **Neurology** ■ 2010

ECFMG Certificate ■ 2004

Certified RN, Texas Board of Nursing ■ 1999 (Inactive)

Board Certified, Philippine Board of Medicine ■ 2003

CERTIFICATION CONT.

Board Certified, Philippine Board of Nursing ■ 1995

Neuroscience Medical Director, Palomar Medical Center, Escondido, CA ■ 2013 – 2020

Stroke Director, Palomar Health System, Escondido and Poway, CA ■ 2013 – Present

Neurohospitalist Director – Neurology Center of Southern California 2023-Present

HONORS AND AWARDS

Palomar Medical Center, Neuroscience Unit Physician of the Year ■ 2017

University of Kansas, Annual residents, fellows, post-grad oral research presentation-1st Place, Fellows category ■ 2011

University of Kansas, Best Research, Department of Neurology Research Presentation ■ 2010

University of Kansas, Chief Resident Neurology ■ 2010

Special Award for Academic Excellence in College

Graduated Valedictorian in College

Graduated Valedictorian in High School with Special Award in Math and Science

Graduated Salutatorian in Grade School

PROFESSIONAL EXPERIENCE

Stroke Director, Palomar Health System, Escondido and Poway, CA ■ 11/2013 – Present

Partner, North County Neurology Associates, Private Group Practice; Carlsbad, La Jolla, Poway, and Escondido, CA ■ 01/2014 – Present

Staff Neurologist, The Research Center of Southern California, LLC, Oceanside & Encinitas, California ■ 07/2011 – Present

Staff Neurologist, Private Group Practice, North County Neurology Associates dba The Neurology Center, Carlsbad, La Jolla, Poway, and Escondido, & Temecula CA ■ 07/2011 – Present

Neuroscience Medical Director, Palomar Medical Center, Escondido, CA ■ 11/2013 – 11/2020

HOSPITAL AFFILIATIONS

Tri-City Medical Center, Oceanside, California, Active Privileges ■ 06/2011 – Present

Scripps Memorial Hospital, Encinitas, California, Active ■ 09/2011 – Present

Scripps Mercy Hospital, Chula Vista & San Diego, California ■ 10/2022 – Present

Palomar Medical Center, Escondido, California, Active ■ 01/2013 – Present

Pomerado Medical Center, Poway, California, Active ■ 01/2013 – Present

St Johns Medical Center, Joplin, Missouri, Locum Tenens Privilege 2010-2011

Regional Medical Center, San Jose, California, Locum Tenens Privilege ■ 04/2019 – 04/2021

Community Medical Center, Fresno, California, Locum Tenens Privilege ■ 01/2022 – 03/2022

Desert Regional Medical Center, Palm Springs, California, Locum ■ 04/2022 – 07/2022

MEMBERSHIPS

American Academy of Neurology – Member

American Medical Association – Member

American Heart Association – Member

American Stroke Association – Member

American Clinical Neurophysiology Society – Member

San Diego Neurology Society – Member

University of the Philippines Medical Alumni Association in America – Lifetime Member

Philippine Medical Association – Member

Phi Lambda Delta Sorority – Lifetime Member

VOLUNTEER EXPERIENCE

Member, Philippine Medical Society of Greater Kansas City ■ 2007

Member, Phi Lambda Sorority of the UP College of Medicine, Manila Philippines ■ 1999-
Current

Chairman Member, Pangkalusugan Lingkod Bayan (Service to the Nation), Manila Philippines ■
2000

RESEARCH ACTIVITIES

“A Randomized, Double-Blind, Multinational Study to Prevent Major Vascular Events with Ticagrelor Compared to Aspirin (ASA) in Patients with Acute Ischemic Stroke or TIA [SOCRATES –Acute Stroke or Transient Ischemic Attack Treated with Aspirin or Ticagrelor and Patient Outcomes.” Principal Investigator, 2015

NTS-INT08-009 “A double-blind, randomized, sham-controlled, parallel group, multicenter, pivotal study to assess the safety and efficacy of transcranial laser therapy with the NeuroThera® Laser System for the treatment of acute ischemic stroke within 24 hours of stroke onset”, 2010

Study Pct1-01373 entitled: A double blind, randomized, placebo-controlled, parallel group, multicenter Phase 3 pivotal study to assess the safety and efficacy of 1mg/kg/day intravenous DP-b99 over 4 consecutive days versus placebo when initiated within nine hours of acute ischemic stroke onset”, 2010

To determine if C Difficile Colitis in the intensive care unit of Albert Einstein Medical Center from 2002-2006 is an independent predictor of mortality among ICU patients”, 2005

Subacute Sclerosing Panencephalitis in the Philippine General Hospital from 1995-1999: a case Series”, 2000

A study on the Effects of Commercial Noni Juice and Pure Morinda Citrifolia Extract on TLymphocyte Proliferation in Vitro”, 1999

Comparison of the Effects of Fish Liver Oil and Garlic Oil on the Serum Triglyceride levels of Fructose-Induced Hypertriglyceridemic Rats”, 1998

IgA Levels in the Breast Milk of Lactating Filipino Mothers in Different Socioeconomic Status”, 1998

PUBLICATIONS / PRESENTATIONS

**Evidence – Based Guideline Update:
Steroids and antivirals for Bell Palsy
Report of the Guideline Development Subcommittee of the American Academy of
Neurology (AAN)**

Gary Gronseth, M.D., FAAN and Remia Paduga, M.D.
Neurology; Nov. 7, 2012

Trends in Mortality and Morbidity of Guillain-Barre Syndrome (GSB) in the US from 1988-2007: Analysis of the Nationwide Inpatient Sample (NIS)

Mentor: Richard Dubinsky, MD, MPH

AAN Annual Meeting 2011, Poster Presentation, April 13, 2011 Honolulu, Hawaii

33rd Carrell-Krusen Neuromuscular Symposium, Platform Presentation, Feb 18, 2011 Dallas, TX

Winner, Outstanding Research 2010 Annual Residents Research Presentation, June 11, 2011

Kansas City, KS

J Clin Neuromusc Dis 2011; 12(3):19-20

Myasthenia Gravis Presenting as Dropped Head Syndrome

Remia Paduga MD, Saud Khan MD, April McVey MD, Mamatha Pasnoor MD, Mazen Dimachkie MD and Richard Barohn MD

Poster Presentation, 33rd Annual Carrell-Krusen Symposium, Feb 18, 2011 Dallas, TX
J Clin Neuromusc Dis 2011; 12(3):1

MRI (DWI, T2, Flair Sequences) findings of an acute ischemic stroke in a 61-year-old patient taken at least 30 minutes BEFORE symptom onset: a case report

Poster presentation, American Academy of Neurology (AAN)

MTCC, Toronto, Ontario, Canada, April 14, 2010

Abstract, American Journal of Neuroimaging, Jan 2010 edition

Poster Presentation, American Society of Neuroimaging (ASN) 33rd Annual Meeting

Palace Hotel, San Francisco, CA, Jan 14-17, 2010

Primitive Neuroectodermal tumor (PNET) of the CNS in a 73-year-old man: a case report

American Journal of Neuroimaging, Jan 2010 edition

Poster Presentation, American Society of Neuroimaging 33rd Annual meeting

Palace Hotel, San Francisco, CA Jan 14-17, 2010