

The Neurology Center of Southern California
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Elizabeth M. Rice FNP-C

EDUCATION

Simmons University, Boston, MA Master of Science in Nursing: FNP	■ 08/2019 – 05/2022
Ithaca College, Ithaca NY Bachelor of Science in Health Science with a minor in Exercise Science	■ 09/2015 – 09/2019

LICENSURE

Family Nurse Practitioner

Massachusetts Board of Nursing, AANP Certification: ACTIVE	■ 10/2022 - Present
New York Board of Nursing, AANP Certification: ACTIVE	■ 03/2021 - Present
New Hampshire Board of Nursing, AANP Certification: 090067-23	■ 12/2022 – 04/2024
California Board of Nursing, AANP Certification: ACTIVE	■ 04/2023 - Present

Registered Nurse

Massachusetts Board of Nursing:	■ 03/2021 – 04/2024
Maine Board of Nursing:	■ 08/2021 - 04/2023
New York Board of Nursing:	■ 06/2022 - Present
New Hampshire Board of Nursing:	■ 11/2022 – 04/2024
California Board of Nursing:	■ 02/2023 - Present
California DEA Registration	■ 07/2023 - Present

CERTIFICATION

American Red Cross - BLS	■ Current
American Academy of Nurse Practitioners - Board Certified Family NP	■ 09/2019 – Present

AWARDS & HONORS

Sigma Theta Tau International Nursing Honor Society Student Member
Simmons University

■ 01/2021 - Present

PROFESSIONAL EXPERIENCE

North County Neurology Associates, Carlsbad, CA
Nurse Practitioner

■ 07/2023 - Present

Convenient MD Urgent Care, Plaistow NH
Registered Nurse

■ 11/2021 – 05/2023

Signify Health
Nurse Practitioner

■ 10/2022 – 11/2022

New England Home Health Service, Lexington, MA
Registered Nurse

■ 04/2021 – 05/2022

Edgewood Center, Portsmouth, NH
Licensed Nursing Assistant

■ 05/2018 – 08/2019

CLINICAL NURSING EDUCATION: FAMILY NP SPECIALTY

FNP Preceptorship in Pulmonary Specialty

Pulmonary Associates of York Hospital, York ME

April-May 2022

- Provided respiratory disease management for patients with numerous respiratory disorders including asthma, COPD, pulmonary fibrosis, and pulmonary nodules.
- Performed extensive patient education for respiratory medication management, disease progression and treatment regimes.
- Conducted motivational interviews and counseling for smoking cessation.

FNP Preceptorship Adult/Geriatric Primary Care

Jan.-April 2022

Massachusetts Correctional Institute- Norfolk, Norfolk, MA

- Conducted comprehensive and acute medical care for the inmate population and developed treatment plans based on labs, history, and physical exam data.
- Performed chronic disease management for a range of conditions including diabetes, heart failure, hypertension, chronic kidney disease, hyperlipidemia, hepatitis C, COPD, asthma, arthritis, IBD, autoimmune disease, dementia.
- Performed routine men's health screenings and provides patient education to patients with low health literacy with limited resources.
- Utilizes interpreter effectively for non-English speaking patients.

FNP Preceptorship in Women's Health

November 2021

Montachusett Women's Health, Leominster, MA

- Performed well-woman exams and acute visits including breast exams, pap smears, pelvic exams and STI screening.
- Counseled patient on family planning, contraception, and menopause
- Conducted prenatal and postnatal care including assessing fetal growth, fetal heart rate via doppler, and anticipatory guidance for expecting parents.

FNP Preceptorship in Geriatric Primary Care

Oct.-Dec. 2021

Upham Corner Health Center: PACE center, Boston MA

- Performed semi-annual well-person exams at a Program for All-Inclusive Care for the Elderly (PACE) center.
- Provided holistic care for medically complex elderly patients in the clinic and homes.
- Performed physical exams, lab interpretation, ecg interpretation and medication management.
- Collaborated with care team including PT, OT, and social work to create comprehensive care plans.
- Performed wound care, foot exam, and nail care for diabetes.

FNP Preceptorship Pediatric Primary Care

June-August 2022

York Pediatric Associates, York ME

- Performed acute and well child exams and assessed proper growth and development, provided family centered care including anticipatory guidance for patients.
- Managed chronic diseases including but not limited to asthma, diabetes, congenital disorders, generalized anxiety disorder, depression, eating disorders, ADHD, and ASD

PROFESSIONAL SOCIETIES

American Academy of Nurse Practitioners

■ Member

RESERARCH

Potential Impact of COVID-19 on the Family's Experience with Children who require Complex Medical Homecare in Massachusetts. Simmons University, Boston, MA - 2022

Investigation into the Development of a Nutrition App for Athletes

Ithaca College, Ithaca, NY

Selected to present at the American Society for Nutrition 2020 National Conference - 2019