

Autonomic Testing Medication Instructions



Many medications affect the function of your autonomic nervous system and the results of autonomic testing.

If you are taking the medications below, please discuss with the prescribing physician if you can safely hold them the number of days indicated on the follow list in preparation for your autonomic testing. Additionally, in the 24 hours prior to the testing, do not consume caffeine, alcohol, nicotine, or marijuana.

Generic Name	# days	Generic Name	# days	Generic Name	# days	Generic Name	# days
Acebutolol	1 day	Doxazosin	5 days	Methylphenidate ER	2 days	Promethazine	2 days
Albuterol	1 day	Doxepin	7 days	Metoclopramide	3 days	Propranolol	2 days
Amantidine	7 days	Duloxetine	7 days	Metoprolol Succinate	5 days	Pseudodophrine HCL	2 days
Aminophylline	7 days	Escitalopram	7 days	Metoprolol Tartrate	2 days	Pyridostigimine	1 day
Amitriptyline	1 day	Excedrin	1 day	Midodrine	1 day	Quetiapine	2 days
Amlodipine	4 days	Famotidine (Pepcid)	1 day	Mirabegron	5 days	Ranitidine (Zantac)	1 day
Amphetamine/Dextroamphetamine Salts	3 days	Fexofenadine (Allegra)	3 days	Modafinil	3 days	Reserpine	7 days
Anafranil	7 days	Flomax	3 days	Morphine IR/SR	5 doses	Risperidone	5 days
Apresoline	2 days	Fludrocortisone	5 days	Nadolol	5 days	Salmeterol	1 day
Atenolol	5 days	Fluoxetine	7 days	Nebivolol	4 days	Scopolamine	3 days
Atomoxetine	7 days	Fluvoxamine	5 days	Nefazodone	7 days	Sertraline	5 days
Benzoprine	2 days	Glycopyrrolate	2 days	Nifedipine	1 day	Sotalol	4 days
Bisoprolol	3 days	Guanfacine	5 days	Nortriptyline	7 days	Tamsulosin	3 days
Bupropion XI/SR	5 doses	Hydralazine	2 days	Olanzapine	3 days	Tapentadol	1 day
Buspiron	1 day	Hydrocodone/Acetaminophen	1 day	Olmesartan	3 days	Terasozin	3 days
Cetirizine (Zyrtec)	2 days	Hydroxyzine	3 days	Olopatadine HCL	2 days	Terbutaline	1 day
Chlorpromazine	7 days	Hyoscyamine	2 days	Omeprazole	1 day	Theophylline	1 day
Cimetidine	1 day	Isosorbide Mono-nitrate	1 day	Ondansetron	1 day	Thorazine	7 days
Citalopram	7 days	Indapamide	4 days	Orphenadrine	3 days	Tolterodine	2 days
Clomipramine	7 days	Ivabradine	3 days	Oxybutynin	2 days	Tramadol	1 day
Clonidine	5 days	Labetalol	3 days	Paroxetine	7 days	Trazodone	7 days
Cyclobenzaprine	4 days	Lisdexamfetamine	2 days	Phentolamine	3 days	Trihexyphenidyl	1 day
Cyproheptadine	2 days	Loperamide (Immodium)	2 days	Pilocarpine	1 day	Valsartan	2 days
Desipramine	7 days	Loratadine (Claritin)	3 days	Pindolol	2 days	Venafaxine	5 days
Dicyclomine	2 days	Meclizine	2 days	Pramipexole	7 days	Verapamil	2 days
Diltiazem	2 days	Methylidopa	1 day	Prazosin	1 day		
Diphenhydramine	2 days	Methylphenidate IR	1 day	Prochlorperazine	5 days		

ANY OVER THE COUNTER MEDICATIONS NEED TO BE STOPPED 3 Days prior