

The Neurology Center of Southern California
6010 Hidden Valley Rd. Suite 200, Carlsbad, CA 92011
Phone: 760-631-3000 Fax: 760-631-3016



Rupa Prasad, M.D

EDUCATION

University of California, San Diego (UCSD), San Diego, CA Pain Medicine Fellowship	■ 08/2020 – 07/2021
University of California San Diego (UCSD), San Diego, CA Anesthesiology Residency	■ 07/2017 – 06/2020
Scripps Mercy Hospital, San Diego, CA Transitional Year Internship	■ 07/2016 – 06/2017
University of Miami Miller School of Medicine (UMMSM), Miami, FL MD, Social Medicine Pathway	■ 08/2012 – 05/2016
Columbia University Mailman School of Public Health, New York, NY MPH, Healthcare Management	■ 09/2010 – 06/2012
University of Pennsylvania, Philadelphia, PA BA, Hispanic Studies	■ 09/2005 – 06/2009

LICENSURE

California Medical License Number – A152691
Fluoroscopy License – RHC 00206237
Drug Enforcement Administration - FP0496946

CERTIFICATION

The American Board of Anesthesiology – Anesthesiology	■ 10/2021 – Present
American Board of Medical Specialties – Pain Medicine	■ 09/2022 – Present

PROFESSIONAL SOCIETIES

- American Society of Anesthesiology
 - American Society of Regional Anesthesia & Pain Medicine
 - American Academy of Pain Medicine
 - North American Neuromodulation Society
 - Spine Intervention Society
-
-

PROFESSIONAL EXPERIENCE

Kaiser Permanente, San Diego, CA Interventional Anesthesia Per Diem Physician	■ 05/2024 – Present
North County Neurology Associates, Carlsbad, CA Interventional Pain Management Staff Physician	■ 09/2021 - Present

Rupa Prasad, M.D., M.P.H.

HOSPITAL & SURGERY CENTER AFFILIATIONS

North Coast Surgery Center , Oceanside, California	■ 02/2023 - Present
Carlsbad Surgery Center , Carlsbad, California	■ 02/2022 - Present
Palomar Medical Center , Escondido & Poway, California	■ 04/2022 - Present
Palomar Surgical Center Escondido , California	■ 12/2021 - Present
Scripps Memorial Hospital , Encinitas, California	■ 09/2021 - Present
Scripps Memorial Hospital , La Jolla, California	■ 09/2021 - 01/2024
Poway Surgery Center , Poway, California	■ 11/2021 - 06/2023
Tri-City Medical Center , Oceanside, California	■ 12/2021 – 05/2023
Scripps Encinitas Surgery Center , Encinitas, California	■ 10/2021 – 09/2023
Scripps Green Hospital , La Jolla, California	■ 09/2021 - 05/2023

ACTIVITIES & SERVICE

- Global Health Outreach, Pucallpa, Peru | *Volunteer Educator* 2020
 - Capacity building medical mission focused on resident education and quality improvement

 - Resident Physician Council, UCSD | *Department of Anesthesiology Representative* 2017 – 2018
 - Monthly advisory council to the Medical Director, GME Associate Dean and Medical Staff Executive Committee

 - University of Miami Miller School of Medicine Admissions Committee, UMMSM | *Committee Member* 2015 – 2016

 - Penn Alumni Interview Program, University of Pennsylvania | *Alumni Interviewer* 2014 – 2016

 - Institute for Healthcare Improvement Open School Chapter, UMMSM | *Founder and Chapter Leader* 2013 – 2016
 - Led educational events to promote student involvement in patient safety and quality improvement

 - Introduction to Health Systems Improvement – Achieving Better Outcomes | *Course Co-Creator* 2014 – 2016
 - Longitudinal elective course on quality improvement and leadership for 3rd and 4th year medical students

 - Department of Community Service (DOCS), UMMSM | *Multiple Roles* 2012 – 2016
 - Certified Application Counselor: educated and assisted individuals in enrolling for insurance through the healthcare marketplace created under the Affordable Care Act
 - DOCS Executive Board – Clinics Director: oversaw management of DOCS two student-run free clinics
 - San Juan Bosco Clinic – Assistant Project Manager/Project Manager: managed clinic staff and led quality improvement initiatives in this weekly student-run free clinic
-

RESEARCH

- University of California San Diego Department of Anesthesiology | Researcher, Multiple Projects 2016 – 2020
 - Low Dose Dexamethasone for Epidural Steroid Injection and Its Effect on Blood Glucose in Diabetes Mellitus
 - Naloxone Best Practice Advisories: Trends in Utilization by Specialty
 - A Machine Learning Approach to Predicting Chronic Opioid Use Following Joint Replacements
 - Implementation of Cognitive Aids for Intraoperative Emergency Management
 - Prescription Drug Monitoring Programs: A State Mapping of Policies on Compliance, Utilization, and Training
- Columbia University Center for Family and Community Medicine, New York, NY | Study Coordinator 2011 – 2012
 - A Qualitative Study of Female Family Physicians in Rural Practice

PUBLICATIONS

Reddy R, **Prasad R**, Rejai S, Halter K, Chen J. Relief of Neuropathic Pain After Spinal Cord Stimulator Implantation in a Patient with Idiopathic Thoracic Transverse Myelitis: A Case Report. 2019. *A&A Practice*, 13 (11): 409-412.

Hustedde C, Paladine H, Wendling A, **Prasad R**, Sola O, Bjorkman S, Phillips J. Women in rural family medicine: a qualitative exploration of practice attributes that promote physician satisfaction. 2018. *Rural and Remote Health*, 18 (2): 4355

Phillips J, Hustedde C, Bjorkman S, **Prasad R**, Sola O, Wendling A, Bjorkman K, Paladine H. Rural women family physicians: strategies for successful work-life balance. 2016. *Annals of Family Medicine*. 14 (3): 244-251.

Covington D, Degnan M, Rodriguez-Blanco Y, Choxi A, **Prasad R**, Jagid J, Fuhrman T. Deep Brain Stimulation Utilizing Dexmedetomidine: A Clinical Report from the University of Miami Miller School of Medicine. 2016. *Journal of Neuroanesthesiology and Critical Care*. 3 (3): 233-238.

POSTERS & PRESENTATIONS

Prasad R, Rejai S, Reddy R, Halter K, Chen J. Relief of Neuropathic Pain after SCS Implantation in a Patient with Idiopathic Thoracic Transverse Myelitis. North American Neuromodulation Society Annual Meeting, Las Vegas, NV. January 2019.

Prasad R, Mackey T. Prescription Drug Monitoring Programs: A State Mapping of Policies on Compliance, Utilization and Training. American Public Health Association Annual Meeting and Expo, San Diego, CA. November 2018.

Prasad R, Weinstein L. Severe Hyponatremia and Preeclampsia in Pregnancy. Western Anesthesia Residents' Conference, San Diego, CA. May 2018.

Li J, **Prasad R**, Melnyck R, Diaz Y. Integrating Healthcare Quality Improvement into the Medical Student Curriculum. Florida Chapter American College of Physicians Annual Scientific Meeting, Tampa, FL. September 2015.

Prasad R, Saclarides C, Maguire M, Sood R, Picon M, O'Connell M. Clinic Efficiency in Student-Run Free Clinics. GDI/GSA/OSR National Meeting, San Diego, CA. Apr 2014.

Sood R, Kreaflle K, Asusta H, **Prasad R**, Thomas C, Maguire M, O'Connell M. Implementation of a Sustainable Education Program in a Student-Run Free Clinic. GDI/GSA/OSR National Meeting, San Diego, CA. April 2014.

Hustedde C, **Prasad R**, Phillips J, Hartwick S, Sola O, Paladine H. Rural Women Physicians and Their Practices: Colleagues Are Key. North American Primary Care Research Group, Annual Meeting, Ottawa, Canada. November 2013.

AWARDS & HONORS

- | | |
|--|----------------|
| • Alpha Omega Alpha Honor Society | 2015 - Present |
| • Telluride Patient Safety Scholar | 2015 - 2019 |
| • University of Miami DiMare Scholar (Merit-Based Scholarship) | 2012 - 2016 |
| • University of Pennsylvania Magna Cum Laude | 2009 |
| • University of Pennsylvania Dean's List | 2005 - 2006 |