

The Neurology Center of Southern California
6010 Hidden Valley Rd. Suite 200, Carlsbad, CA 92011
31515 Rancho Pueblo Rd. Suite 104, Temecula, CA 92592
1955 Citracado Pkwy, Suite 102, Escondido, CA 92029
9850 Genesee Avenue, Suite 470, La Jolla, CA 92037
15611 Pomerado Rd. Suite 505, Poway, CA 92064

Elizabeth M. Rice FNP-C

EDUCATION

Simmons University, Boston, MA Master of Science in Nursing: FNP	■ 08/2019 – 05/2022
Ithaca College, Ithaca NY Bachelor of Science in Health Science with a minor in Exercise Science	■ 09/2015 – 09/2019

LICENSURE

Family Nurse Practitioner

Massachusetts Board of Nursing, AANP Certification: 350624	■ 10/2022 - Present
New York Board of Nursing, AANP Certification: 2350445	■ 03/2021 - Present
New Hampshire Board of Nursing, AANP Certification: 090067-23	■ 12/2022 - Present
California Board of Nursing, AANP Certification: 95025017	■ 04/2023 - Present

Registered Nurse

Massachusetts Board of Nursing: RN350445	■ 03/2021 - Present
Maine Board of Nursing: RN79804	■ 08/2021 - 04/2023
New York Board of Nursing: 846394	■ 06/2022 - 05/2025
New Hampshire Board of Nursing: 090067-21	■ 11/2022 - Present
California Board of Nursing: 95326288	■ 04/2023 - Present
California DEA Registration	■ 07/2023 - Present

CERTIFICATION

American Red Cross - BLS	■ Current
American Academy of Nurse Practitioners - Board Certified Family NP	■ 09/2019 – 09/2024

AWARDS & HONORS

Sigma Theta Tau International Nursing Honor Society Student Member
Simmons University

■ 01/2021 - Present

PROFESSIONAL EXPERIENCE

North County Neurology Associates, Carlsbad, CA
Nurse Practitioner

■ 07/2023 - Present

ConvenientMD Urgent Care, Plaistow NH
Registered Nurse

■ 11/2021 – 05/2023

Signify Health
Nurse Practitioner

■ 09/2022 – 11/2022

New England Home Health Service, Lexington, MA
Registered Nurse

■ 04/2021 – 05/2022

Edgewood Center, Portsmouth, NH
Licensed Nursing Assistant

■ 05/2018 – 08/2019

CLINICAL NURSING EDUCATION: FAMILY NP SPECIALTY

FNP Preceptorship in Pulmonary Specialty

Pulmonary Associates of York Hospital, York ME

April-May 2022

- Provided respiratory disease management for patients with numerous respiratory disorders including asthma, COPD, pulmonary fibrosis, and pulmonary nodules.
- Performed extensive patient education for respiratory medication management, disease progression and treatment regimes.
- Conducted motivational interviews and counseling for smoking cessation.

FNP Preceptorship Adult/Geriatric Primary Care

Jan.-April 2022

Massachusetts Correctional Institute- Norfolk, Norfolk, MA

- Conducted comprehensive and acute medical care for the inmate population and developed treatment plans based on labs, history, and physical exam data.
- Performed chronic disease management for a range of conditions including diabetes, heart failure, hypertension, chronic kidney disease, hyperlipidemia, hepatitis C, COPD, asthma, arthritis, IBD, autoimmune disease, dementia.
- Performed routine men's health screenings and provides patient education to patients with low health literacy with limited resources.
- Utilizes interpreter effectively for non-English speaking patients.

FNP Preceptorship in Women's Health

November 2021

Montachusett Women's Health, Leominster, MA

- Performed well-woman exams and acute visits including breast exams, pap smears, pelvic exams and STI screening.
- Counseled patient on family planning, contraception, and menopause
- Conducted prenatal and postnatal care including assessing fetal growth, fetal heart rate via doppler, and anticipatory guidance for expecting parents.

FNP Preceptorship in Geriatric Primary Care

Oct.-Dec. 2021

Upham Corner Health Center: PACE center, Boston MA

- Performed semi-annual well-person exams at a Program for All-Inclusive Care for the Elderly (PACE) center.
- Provided holistic care for medically complex elderly patients in the clinic and homes.
- Performed physical exams, lab interpretation, ecg interpretation and medication management.
- Collaborated with care team including PT, OT, and social work to create comprehensive care plans.
- Performed wound care, foot exam, and nail care for diabetes.

FNP Preceptorship Pediatric Primary Care

June-August 2022

York Pediatric Associates, York ME

- Performed acute and well child exams and assessed proper growth and development, provided family centered care including anticipatory guidance for patients.
- Managed chronic diseases including but not limited to asthma, diabetes, congenital disorders, generalized anxiety disorder, depression, eating disorders, ADHD, and ASD

PROFESSIONAL SOCIETIES

American Academy of Nurse Practitioners

■ Member

RESEARCH

Potential Impact of COVID-19 on the Family's Experience with Children who require Complex Medical Homecare in Massachusetts. Simmons University, Boston, MA - 2022

Investigation into the Development of a Nutrition App for Athletes
Ithaca College, Ithaca, NY
Selected to present at the American Society for Nutrition 2020 National Conference - 2019