



**760-631-3000**

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## **BAER Testing**

Your doctor has requested a Brainstem Auditory Evoked Response (BAER) Test.

### **What is a BAER?**

- A BAER is a medical test that evaluates the integrity of your nerve pathway from the ear to the brain
- This test may help uncover the cause of a hearing or balance problem, along with other symptoms.

### **What is the procedure for a BAER?**

- You will lie on an exam table in a comfortable position. The more relaxed you are, the more successful the test (you may even sleep).
- Several surface electrodes are attached to your scalp and ears. They are attached with an adhesive paste that washes off easily.
- Earphones are placed over your ears to deliver the stimulus (clicks or tones). The stimulus is usually given to one ear at a time.
- A computer records the results as your brain responds to the stimulus

### **How do you prepare for the BAER?**

- Wash and dry hair and skin thoroughly on the day of your BAER. **Any weave, hair extensions or wigs MUST be removed prior to appointment.** Please do not use any oils or lotion of any kind, including cosmetics
- Eat a normal meal
- Take medications as usual and remember to inform us of all you medications
- Arrive on time for you test to fill out any necessary forms and answer any questions

